



THE MENU

COPORATE, HEALTH CERTIFIED BOXED LUNCH

Spicy Salmon Salad and Tomato Stack
Served with Fresh Cut Organic Market Vegetables and Lemon Hummus

Mini Tenderloin Meatloaf's (Gluten Free)
Served with Roasted Tri Colored Carrots
And Organic Sweet Red Peppers and Blanched Broccoli

Cilantro Lime Chicken and Shrimp Kabobs (3 oz. portion)
Served with Organic White Corn Tortilla Chips and Pico de Gallo
And Organic Chimichurri Grilled Zucchini and Squash

Grilled Mediterranean Chicken (3 oz. portion, fanned)
On bed of Organic Carrot and Cucumber Noodle Salad with Lemon
Vinaigrette and Feta
Served with Organic Roasted Sweet Potatoes

Caesar Salad with Chilled Grilled Beef Tenderloin (3 oz. portion of beef)
(Organic Kale and Romaine tossed with Organic Chopped Grilled
Asparagus and Caesar Dressing)
Served with Organic Fresh Fruit Cup

7 Vegetable Quinoa Stuffed Portabello drizzled
with Roasted Tomato Coulis
Served with Roasted Seasonal Vegetables (All Organic)

Dessert (only 1 selection per day)

Dark Chocolate Detox Bites
or
Mint Meringue Cookies with Dark Chocolate Bottoms